

# Therapist Qualification Questionnaire

Provided by The Modern Woman's Divorce Guide ~ [www.moddivorce.com](http://www.moddivorce.com)

Use this questionnaire during your first meetings with therapists to determine if the therapists meet your needs. Don't be embarrassed to ask tough questions; you need to feel safe and confident working with the therapist you hire.

## Conflicts of Interest

1. Do you know my husband? If so, please explain.
2. Is there any ethical reason you can't counsel me?

## Therapist's Fees and Availability

1. Are you accepting new clients?
2. Are you available for appointments on weekends or evenings?
3. Are you available for emergencies by phone?
4. Where do you practice (e.g., private office, hospital, clinic)?
5. How long is a session (e.g., 45, 50, 55, 60 minutes)?
6. What is your fee per session?
7. Do you require payment at the time of service?
8. Do you charge for phone calls?
9. Do you accept reduced fee clients or bill on a sliding scale? If so, please explain.
10. Do you accept credit cards?
11. Do you accept my health insurance coverage?
12. Would you file my insurance claims?
13. What is your policy for cancellations, forgetting or changing appointments?

## Therapist's Licensing, Experience and Procedures

1. What is your educational background (e.g., college, graduate, doctoral)?

2. Did you graduate from a specific clinical training program? If so, which program?
3. Where did you do your clinical internship?
4. Are you a licensed therapist? If so, which license(s) do you hold?
5. How long have you been practicing psychotherapy/psychology/counseling?
6. What is your preferred style of therapy (e.g., individual, group, weekly)?
7. Do you use any specific types of therapy? If so, please explain.
8. What is your experience with my specific issues?
9. What is the expected time frame to treat my types of issues? Is it a long-term or short-term course of treatment? What results could I expect?
10. What is your opinion about divorce?
11. What are your normal office hours?
12. How do you communicate with your clients? How frequently?
13. What is your policy for returning telephone calls and e-mails?
14. What is your normal procedure for handling after-hours emergencies?
15. Do you carry malpractice insurance?

Remember to add any questions you think of before or during your meetings with therapists.

Disclaimer: The contents of this document should not be used as a substitute for competent legal advice from a licensed lawyer, doctor or therapist. Please consult a licensed lawyer, doctor or therapist who is familiar with your case and your state's laws.